



..This week's menu..



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------|---|---|---|---|---|
| Breakfast | Choice of breakfast cereals & toast with spreads (see list displayed) | Choice of breakfast cereals & toast with spreads (see list displayed) | Choice of breakfast cereals & toast with spreads (see list displayed) | Choice of breakfast cereals & toast with spreads (see list displayed) | Choice of breakfast cereals & toast with spreads (see list displayed) |
| After school SNACKS | Choice of fresh fruit | Choice of fresh fruit | Choice of fresh fruit | Choice of fresh fruit | Choice of fresh fruit |
| the MAIN event | Beans on Toast (G) | Tomato soup and bread roll (M, G) | Make your own sandwiches with vegetable sticks (G) | Pizza, Garlic Bread and salad (M,G) | Hot dogs with salad (C,G, E,M,Mu,S) |
| Something to finish with | Yoghurt or Fruit (M) | Jelly | Yoghurt or Fruit(M) | Yoghurt or Fruit(M) | Yoghurt or Fruit(M) |

Allergies and preferences are catered for. Please speak to a member of management. Milk and water available throughout the session.

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|----------------------|-------------------|-------------|------------------|------------------|
| KEY: | S = Soya | F = Fish | N = Nuts | G = Gluten/Wheat |
| M = Milk | L = Lupin | P = Peanuts | Cr = Crustaceans | Mo = Molluscs |
| SD = Sulphur dioxide | SS = Sesame seeds | E = Egg | Mu = Mustard | C = Celery |