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This week's treats...



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
the MAIN event	Vegetable curry with rice	Minced lamb and vegetable pie with potatoes (G, M, S)	Chicken and sweetcorn lasagne (G, M, S)	Cowboy pie (M, S)	Chilli con carne with cous cous
sweet treats	Oaty apple crumble and ice cream (M, S, G)	Rice pudding and jam (M, S)	Pears with chocolate custard (M, S)	Vanilla shortbread (M, S, G)	Lemon drizzle cake (E, M, S, G)
the BIG one	Ham and cheese pasta (M, S, G)	Tomato, pepper and lentil soup with fresh bread (G, M, S)	Cheese and tomato pizza with veg sticks (G, M, S)	Assorted sandwiches with veg sticks (M, S, G, F, E)	Tuna fishcake with baked beans (F, M, S, G)
and something to finish	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)

KEY:	S = Soya	F = Fish	N = Nuts	G = Gluten/Wheat
M = Milk	L = Lupin	P = Peanuts	Cr = Crustaceans	Mo = Molluscs
SD = Sulphur dioxide	SS = Sesame seeds	E = Egg	Mu = Mustard	C = Celery

All allergies and preferences catered for. Please ask to speak to Susan



This week's treats...



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
the MAIN event	Sausage and vegetable pasta (G)	Chicken and vegetable casserole with rice	Ocean pie (F, M, S)	Lamb moussaka (M, S)	Turkey sweet and sour with noodles (E, G)
sweet treats	Plum sponge with custard (E, G, M, S)	Jelly and fruit	Fruit flapjack (G, M, S, SD)	Chocolate chip cookie (M, S, G)	Banana cake (M, E, G, S)
the BIG one	Jacket potato with cheese (M, S)	Pepper and sweetcorn pizza with veg sticks (G, M, S)	Assorted sandwiches with veg sticks (M, S, G, F, E)	Macaroni cheese (G, M, S)	Sausage pie with baked beans (G, M, S)
and something to finish	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)

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This week's treats...



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
the MAIN event	Turkey and veg casserole with cous cous (G)	Fish and broccoli morney with pasta (F, M, S, G)	Shepherd's pie (G)	Creamy chicken with peppers and rice (M, S)	Spaghetti Bolognese (G)
sweet treats	Bananas and custard (M, S)	Melted moment cookie (G, E, M, S)	Iced bun (G)	Coconut crunch and custard (M, S, G)	Raspberry mousse with cream (M, S)
the BIG one	Tuna and red onion pizza with veg sticks (M, S, G)	Jacket potato with baked beans (M, S, G)	Vegetable pasta bake (G)	Assorted sandwiches with veg sticks (M, S, G, F, E)	Cheesy garlic bread and cucumber sticks (G, M, S)
and something to finish	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)	Selection of fruit or yogurt (M)

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